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Interconnectivity of all Living Systems Through Earth's Magnetic Field

(Part of Article: Global Coherence Research, Source: HearthMath Institute, Non profit Organization)

As noted elsewhere in this article, researchers at the HeartMath Institute and GCI strongly suspect human health and behavior are influenced by solar and geomagnetic activity. In addition, GCI researchers hypothesize that the earth's magnetic field is a carrier of biologically relevant information that connects all living systems.

Related to this, we have shown in laboratory research that the electromagnetic field generated by the heart of a person can be detected by nearby animals or the nervous systems of other people.

For example, research conducted in HMI's laboratory has confirmed the hypothesis that when an individual is in a state of heart coherence, the heart radiates a more coherent electromagnetic signal into the environment. This research further has shown that when we are in this coherent state, we are more sensitive to detecting the information in the fields radiated by others. The Energetic Heart: Bioelectromagnetic Interactions Within and Between

People Scientific Monograph by Rollin McCraty, Ph.D.. Of all the organs, the heart generates the largest rhythmic electromagnetic field, one that is approximately 100 times stronger than the brain's field. The heart's field can be detected several feet from the body with sensitive magnetometers.



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The heart's magnetic field would be a plausible explanation for why we can "feel" or sense another person's presence and emotional state independent of body language or other factors. HeartMath also has found that there is a direct relationship between the heart-rhythm patterns and the spectral information encoded in the frequency spectra of the magnetic field radiated by the heart. Thus, we believe, information about a person's emotional state is encoded in the heart's magnetic field, which is communicated throughout the body and into the external environment.

A growing body of evidence suggests that an energetic field is formed among individuals in groups through which communication among all the group members occurs simultaneously. In other words, there is an actual "group field" that connects all the members. <u>Coherence: Bridging Personal, Social and Global Health paper</u>.

One study demonstrated the effect of heart coherence in a group setting where people trained in maintaining states of heart coherence for several minutes could promote coherent states in untrained participants.

Also supporting the hypothesis that magnetic fields are carriers of biologically relevant information is a recent study that demonstrated epigenetic information related to DNA could be detected as electromagnetic signals in a highly diluted solution and this information can be transferred to and imprinted in pure water that has never been exposed to DNA, but only in the presence of a 7.8-hertz weak magnetic field. Furthermore, this information can lead to the re-creation of DNA when the appropriate basic constituents of DNA are present – but again, only if extremely low electromagnetic frequency fields of 7.8 hertz are present to carry the information.



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The study's authors also state that such a very low electromagnetic frequency field that stimulates DNA information transfer could come from natural sources such as Schuman resonances, which start at a frequency of 7.83 hertz.

Dr. Michael Persinger, a well-known neuroscientist, has conducted numerous studies examining the effects of magnetic fields with the same magnitude as the geomagnetic field on brain functions and information transfer. Not only has he shown that applying external fields similar to the Schuman resonances can induce altered states of consciousness, he also has suggested in a detailed theory that the space occupied by the geomagnetic field can store information related to brain activity and that this information can be accessed by all human brains.

Furthermore, Persinger also suggests that the earth's magnetic field can act as a carrier of information between individuals and that information, rather than the intensity of the signal carrying it, is important for interaction with neural networks. The above findings help support part of GCI's hypothesis that the earth's magnetic field is a carrier of biologically relevant information.

HeartMath and GCI further submit that because humans have brain and heart frequencies overlapping the earth's magnetic field resonances, they not only are receivers of biologically relevant information, but they also essentially create a feedback look with the earth's magnetic field and thus feed information into the global field environment.

While it is not difficult to conceive that life forms existing within the earth's magnetic field could be affected by modulations in this field, it is a more farreaching proposition to suggest that the earth's field connects all living systems and carries and distributes biologically relevant information. Nevertheless, GCI researchers hypothesize that when large numbers of



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humans respond to a global event with common emotional feeling, the collective response can affect the information distributed in the earth's field. In cases where the event evokes negative responses, this can be thought of as a planetary stress wave (of information), and in cases where a positive wave is created, it could create a global coherence wave.